

## *Boundaries & Assertiveness In Pastoral Care*

Pastoral Care is a wonderful ministry but as the Samaritan Counseling center workshop in November emphasized, self-care is essential. Self-care and appropriate boundaries contribute very much to the effectiveness of the ministry as well as to the balance and longevity of the minister.

Boundaries, as understood in this workshop, attempt to help us to answer the questions; “When to say YES,” and “When to say NO.” “Boundaries are anything that helps to differentiate you from someone else, or shows where you begin and end.” Boundaries by Henry Cloud and John Townsend, page 33.

In this workshop, SCC Staff Counselor Sharon Hagen, L.P.C. and Fellow in the AAPC, will focus on boundaries and their contributions to effective ministry. Participants will:

- Understand the concept of “Boundary”
- Explore the understanding of “Boundary” and its consistency with some Jewish and Christian scriptures
- Identify common boundary problems, especially as they connect with weak assertiveness
- Explore the ten “laws of boundaries”
- As time allows, consider the common boundary misunderstandings

Bring yourself and be ready to gain perspective on your use of boundaries.

**Date:** Sunday, Mar. 16th

**Time:** 2:30—4:30 p.m.

**Location:** Nardin Park UMC  
29887 West 11 Mile Rd.  
Farmington Hills, MI 48336

**Presenter:** Sharon Hagen, M.A., L.P.C.

**Cost:** \$10.00 per person, if your church does not hold a subscription

**You must register by March 13 if you wish to attend.**

### DETACH AND RETURN

**Name**

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**Address**

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**Phone**

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**Church**

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